

Saint Mary's Catholic Church



October 28, 2018 Thirtieth Sunday in Ordinary Time

Readings: pgs. 645-647

Ordinary of the Mass: pg. 850 *Kyrie Simplex Mass I* (5pm and 8am);
pg. 879 *Missa Orbis Factor* (11am)

Prayer of St. Thomas Aquinas: pg. 1000

Entrance Hymn: Joyful, Joyful, We Adore Thee #82

Entrance Antiphon (@5pm and 8am): Let the hearts...(pg. 944 #140); Laetetur cor @11

Responsorial Psalm: The Lord has done great things for us; we are filled with joy.

Credo: Credo III (only sung at 11am) pg. 899

Offertory Hymn: We Walk By Faith #110

Communion: We will ring out our joy...; Laetabimur @11

Communion Hymn: Soul of My Savior #112

Marian Antiphon: Salve Regina #124

Recessional Hymn: Faith of Our Fathers #90

Saturday October 27th

4:30pm - Confessions
5:00pm - Mass - **(St. Mary's Parishioners)**
6:00pm- ****Ladies Bunko Night - (FH)****

Sunday October 28th Thirtieth Sunday in Ordinary Time

7:30am - Confessions
8:00am - Mass - **(David Barchak Family)**
9:00am - PSR Classes (MC) * **Priesthood Sunday***
9:00am - RCIA & Basic Catechism for adults
10:30am - Confessions
11:00am - Mass~ **(Alice Buckley+)**
4:30pm - Confessions/5:00pm - Mass - Sung Latin Mass - **(Pete Madrid+)**

Monday October 29th

11:30am - Confessions
12:00pm- Mass - **(Jim Swarm+)**

Tuesday October 30th

10:15am - Catechesis of the Good Shepherd (MC)
11:30am - Confessions
12:00pm - Mass - **(Narcisco Chan Sr Family)**
5:30 pm - Vespers (C)
6:30 pm - Choir practice (C)
6:30pm - Scouts (FH)

Wednesday October 31st Vigil of All Saints

10:00am - Scripture Study (MC) ADORATION AFTER MASS TODAY
11:30am - Confessions THROUGH THURSDAY AT 6:00PM
12:00pm - Mass -Ex. Form - **(Jack Salanky+)**
6:30pm - Scripture Study (MC)

Thursday November 1st All Saints (Holy day of Obligation)

10:00am - Secular Franciscans (MC)
11:30am - Confessions
12:00pm - Mass - **(Curtis Roberson+)**
5:30pm - Vespers (C)
6:00pm Mass - Ex Form- **(Tom Perez+)**
8:00pm - Venture Scouts (FH)

Friday November 2nd All Souls

11:30m - Confessions
12:00pm - Mass~Ex. Form - **(Deceased members of the Altman, Dennee, Stone & Martin Families)**
5:00pm - Wedding Rehearsal (C)

Saturday November 3rd Saint Martin de Porres

2:00pm - Wedding (C)
4:30pm - Confessions
5:00pm - Mass - **(Jim & Wanda LeMay+)**

Sunday November 4th

7:30am - Confessions
8:00am - Mass - **(Linda McDermott+)**
9:00am - PSR Classes (MC)
9:00am - RCIA & Basic Catechism for adults
10:30am - Confessions
11:00am - Mass~ **(St. Mary Parishioners)**
4:30pm - Confessions/5:00pm - Mass - **(Joseph Foster+)**

Mass Times:

Monday - Friday @ 12:00 Noon
Saturday @ 5:00pm
Sunday @ 8:00am, 11:00am & 5:00pm

PARISH OFFICE

600 N.Liberty St. Independence, Mo.

OFFICE HOURS:

MONDAY & TUESDAY

8:00AM - 4:00PM

WED. & THURS. 9:00AM - 12:00PM

FRIDAY - CLOSED

816-252-0121

www.saintmarysparish.org

St. Mary's Outreach Agency:

**Food, Clothing and Prescription
Medication Assistance**

Hours: Wednesday & Thursday

9:00am - 3:00pm

(816) 252-8649

(Please call for an appointment)

***Donations of food & clothing may be brought
to the Ministry Center Monday - Thursday by
12:00 noon.**

Contact Information

**Pastor: Rev Matthew Bartulica
ext 104**

mbartulica@hotmail.com

Labor Mariae Sisters -
Religious Education
mailto:filiaelaborismariae@gmail.com

Brad Davis - Grounds & Facilities
ext 106 brad@saintmarysparish.org

Tony Douglas - Contributions, Scripture
Study ext 101 tony@saintmarysparish.org

Angelina Gearke - Music Ministry,
angelina.gearke@gmail.com

Debbie Gilbert - Secretary, Bulletin ext 110
(Mon. & Tues. 8 -4)

debbie@saintmarysparish.org

Kari Boutross - Office Assistant
Wed. & Thurs 9:00am - 12:00pm

**PLEASE REMEMBER THESE PARISHIONERS and
FRIENDS IN YOUR PRAYERS:**

Jeffery Klenklen, Joyce Klenklen, Betty Underwood,
Annie Moran, David Barrett, Mary Pappas, Anthony
Rizzi, Bob Trusty, KE Hun Ngo, Bob DeSchepper,
Roberta Vargas, Tonya Huey, Brodie Gorbet,
Michele Jordan, Pat Sicola, Jerry Belcum, Darlene
Huey, Maggie Cruz

**PLEASE PRAY FOR OUR MILITARY MEN &
WOMEN:**

SFC. Christopher Kinnaman - Wainwright, Fairbanks
AL. (Grandson of Betty Kinnaman)
Fr. CPT. Brian Klingele - Kreech AFB & Nellis AFB,
Nevada, (Nephew of Ken & Karen Klingele)
Cpl Trevor Melton - Camp Pendelton, CA (Grandson
of Marilyn Pontalion)
Rev. Joseph Reardon - Bahrain (Persian Gulf)
Command Chaplain
SSGT Christopher Wood - Cherry Point, NC
(Grandson of Jean Wilcox)
ICSN Josiah Smith - San Diego, CA. (Grandson of
Mary Smith) & **IC3 Christina Smith** - Virginia (wife of
Josiah)

Collection: 10/14/2018: 3,245
Year to date total: 200,201

**SIGN UP FOR ONLINE
GIVING.**



IT'S FAST - EASY and CONVENIENT

Visit: www.saintmarysparish.org and click on
the online giving button to get started.

Keep up with St. Mary's
happenings by liking our
Facebook page:

[www.facebook.com/
stmarycatholicchurch](http://www.facebook.com/stmarycatholicchurch)



Oct. 27 & 28 2018
4th Week

Altar Servers:

5:00pm - Volunteers

8:00am - A Rincon, W
Pappas

11:00am - A Talato,
N Smith, E & J Diamond, M
Deggendorf

Lectors:

5:00pm - S. Leete

8:00am - D. Gilbert

11:00am - E. Ball

Nov 3 & 4, 2018
1st Week

Altar Servers:

5:00pm - Volunteers

8:00am - T&T Spooner, W
Pappas

11:00am - A Talato, N
Smith, E & J Diamond, M
Deggendorf

Lectors:

5:00pm - T. Douglas

8:00am - M Pontalion

11:00am - E. Ball

Readings for the Week of October 28, 2018

Sunday: Jer 31:7-9/Ps 126:1-2, 2-3, 4-5, 6 [3]/Heb
5:1-6/Mk 10:46-52

Monday: Eph 4:32--5:8/Ps 1:1-2, 3, 4 and 6 [cf. Eph
5:1]/Lk 13:10-17

Tuesday: Eph 5:21-33 or 5:2a, 25-32/Ps 128:1-2, 3, 4-5
[1a]/Lk 13:18-21

Wednesday: Eph 6:1-9/Ps 145:10-11, 12-13ab, 13cd-14/
Lk 13:22-30

Thursday: Rv 7:2-4, 9-14/Ps 24:1-2, 3-4, 5-6 [cf. 6]/1
Jn 3:1-3/Mt 5:1-12a

Friday: Wis 3:1-9/Ps 23:1-3a, 3b-4, 5, 6 [1 or 4ab]/Rom
5:5-11 or Rom 6:3-9/Jn 6:37-40

Saturday: Phil 1:18b-26/Ps 42:2, 3, 5cdef/Lk 14:1, 7-11

Next Sunday: Dt 6:2-6/Ps 18:2-3, 3-4, 47, 51 [2]/Heb
7:23-28/Mk 12:28b-34

***The BOOK OF REMEMBRANCE will be displayed in
front of the Sacred Heart of Jesus Statue beginning on All
Souls Day, Friday, Nov. 2nd and will remain in the church
throughout the month of November. You may write the
names of your deceased loved ones and friends in the book
and they will be remembered in our prayers.

The Diocese of Kansas City-St. Joseph is committed to combatting sexual abuse in the Church. If you are a victim of sexual abuse, or if you
observe or suspect sexual abuse:

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan
Ombudsman, Jenifer Valenti, at 816.812.2500 or JeniferValenti@att.net, if the abuse involves a priest, deacon, employee or volunteer of the
Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse
and their families. Please contact Victim Advocate, Kathleen Chastain, at 816.392.0011 or chastain@diocesekcsj.org for more information.

Are Yoga, Tai Chi, and Reiki Okay for Catholics? By Sister Joanna Marie, L.M.

The “Eastern energy practices” of Yoga, Tai Chi, and Reiki are becoming increasingly popular in the United States, and around the world. Many Christians have become involved in them, thinking they are simply another exercise option. It is not unusual to hear of a Yoga or Tai Chi class being offered in Catholic settings also. Most of us probably know someone who is involved with one or more of these practices, or perhaps we are involved ourselves. A physician may have even recommended them as a form of exercise, a way to reduce stress, or an alternative form of healing.

At first glance, there may appear to be no problem with taking a Yoga or Tai Chi class or participating in Reiki. After all, they do appear to provide some attractive physical and emotional benefits. And it is often noted that they are a form of “spirituality”, not religion. They are widely available and easy to access. The question arises: why would someone choose *not* to participate in these practices?

Let us begin by examining what these things are. Yoga, Tai Chi, and Reiki are “Eastern energy practices”. Each is derived from and based on a distinct religious philosophy. They involve disciplined practices including physical movements, breathing, and meditation techniques.

-Yoga originated in India and is based on Hinduism.

-Tai Chi originated in China and is based on the religious belief system called the Taoist Philosophy.

-Reiki originated in Japan and is based on a blend of Taoist and Buddhist religious beliefs.

It is quite understandable that many, even most people, may begin practicing yoga, tai chi, or reiki without any intention of embracing the underlying religious beliefs. However, the postures and techniques that make up the practice of these disciplines are religious at their root. A Catholic participating in these things puts himself or herself at serious risk of spiritual harm. Even if a person begins practicing them only with the goal of improving his or her health, the postures and techniques themselves are inseparably linked to their underlying belief systems.

At the heart of all of these practices are belief systems based on an impersonal god. The key beliefs of these religious systems completely oppose Christianity, which teaches us of a loving, personal, Trinitarian God. In these practices, the ultimate purpose of all the exercises, breathing techniques, meditations, etc., is to produce what is called an Altered State of Consciousness, a key part of New Age Spirituality. An Altered State of Consciousness typically decreases the use of logical thought and makes the will become passive.

**Altered States of Consciousness open a person to demonic influences, spirit possession, and occult bondage.
Whether the person is seeking this or not, the danger is there!**

Below is a helpful excerpt from *A Call to Vigilance (Pastoral Instruction on New Age, given by Cardinal Roberto Rivera Carrera, on January 7, 1996)*. For the full text see: <https://mariancatechist.com/files/documents/yogacalltovigilance.doc>

“Non-Christian Meditation 31. Another phenomenon that is especially disconcerting to the Catholic faithful is the inexplicable enthusiasm with which certain priests, religious, and people dedicated to teaching the faith have embraced techniques of non-Christian meditation. Frequently imported from the east, forms of asceticism historically far removed from Christian spirituality are practiced in retreats, spiritual exercises, workshops, liturgical celebrations, and children's catechism courses.’

32. These practices were unquestionably born as spiritual disciplines or religious acts within traditional religions (as in the case of Zen, tai chi, and the many forms of yoga), or in sects or new religious movements (as in the case of transcendental meditation and dynamic meditation). At times an attempt is made to "Christianize" these forms, as occurred, for example, with "centering prayer" and "focusing," but the result is always a hybrid form with slight Gospel basis..

33. However much proponents insist that these techniques are valuable merely as methods, and imply no teaching contrary to Christianity, **the techniques in themselves always involve serious drawbacks for a Christian:**

a) In their own context, the postures and exercises are designed for their specific religious purpose. They are, in themselves, steps for guiding the user towards an impersonal Absolute. Even when they are carried out within a Christian atmosphere, the intrinsic meaning of these gestures remains intact. (Underline added).

b) Non-Christian forms of meditation are, in reality, practices of deep concentration, not prayer. Through relaxation exercises and the repetition of a "mantra" (sacred word), one strives to submerge himself in the depth of his own "I" in search of the nameless Absolute. Christian meditation is essentially different inasmuch as it consists in openness to the transcendent and a relationship with Someone [God] who addresses us in a personal, loving dialogue.”

As Catholics, we need to steer clear of anything that could lead us away from Jesus Christ. **(Continued on next page...)**

(Sister Joanna Marie article cont.)

Although they are marketed as harmless exercise and healing techniques to improve physical, mental, and emotional health, "Eastern energy practices" such as Yoga, Tai Chi, and Reiki are not safe or acceptable practices. Long before the "Eastern energy practices" became popularized in the United States, people were exercising and stretching in a way which was both spiritually and physically safe. The Catholic Tradition has long seen the valuable connection between physical activity and prayer, as evidenced by the way the very first monks and nuns embraced manual labor as a way to help them lift their minds and hearts to God. Prayer and exercise can go together, but need not involve elements of religions completely at odds with Christian beliefs.

Please feel free to talk to the Sisters or to Father about this if you have questions, as this topic can be confusing and there is a lot of misinformation regarding the acceptability of these practices for Catholics. The answer to this confusion is to more fully embrace Christ, putting on the "armor of God", as Saint Paul teaches us. Through prayer, fasting, and educating ourselves about the dangers of these practices, we will be able to share in Christ's victory and live

Finally, be strong in the Lord and in the strength of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places. Therefore, take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand." Ephesians 6:10-13

Nut Sales

Nut sales have begun. Order forms can be found at the entrances of the Church. Please place your order forms, along with payment, in an envelope and place in the collection box. Orders can be picked up the following week after your respective mass.

Thank you!

A huge **thank you** to all of the wonderful bakers that donated items to our Oktoberfest bake sale. Through your generous donations, the A&R profited \$326.70. **God bless you all!**

Enroll in **Natural Family Planning** classes in thanksgiving to God for His gift of the life-giving marital embrace. A course in the Sympto-Thermal Method of NFP offered by the Couple to Couple League begins Sat., Nov. 17, 10am, at St. Mark Parish, 3736 S. Lee's Summit Rd., Independence, MO. Reasonable course fee. Call Mary Kathleen or Tom Morgan at (816) 795-9790 for more info. **Registration** for these in-person or **online** classes **required** at: www.live-the-

St. Marks Catholic Church in Independence, MO will host its 13th Annual Craft Show and Business Expo on Sunday, November 4th, 8:00 a.m. – 2:00 p.m. Promote your business or sell your handiwork. Booth space is only \$50 and you keep all your proceeds. If interested in participating, contact Charlotte Davis at cdavis@stmarksparish.com or Ken Fuenfhausen at kfuenfhausen@stmarksparish.com. Forms are also available online at www.stmarksparish.com.

**6th Franciscan Mission Warehouse Fundraiser
Spaghetti Dinner/Money Raffle/Bake Sale
4:00 pm – 7:30 pm, Saturday, November 10,
2018,
held at St Mark's Church, 3736 S Lee's Summit
Rd, Independence, MO Free Will Offering –
proceeds for Shipments. RSVP: Sr Andrea
(816) 994-2659 x 4**

• Missa Cantata

There will be a sung traditional Latin Mass on Sunday, 28 October, at 5 P.M., for the Feast of Christ the King.

● Help the Poor Souls!

You can obtain a plenary indulgence for the poor souls in purgatory on any and each day between November 1 and 8, by devoutly visiting a cemetery and praying for the faithful departed.

This is a "special" for the days following All Saints Day, so please make use of it for the sake of the souls of purgatory!

- **On All Souls Day, we may obtain a plenary indulgence for the poor souls in purgatory by devoutly visiting a church or oratory and reciting an Our Father and the Creed.**