

St. Mary's Catholic Church

www.saintmarysparish.org | www.facebook.com/stmaryscatholicchurch | Office Phone: 816-252-0121

Office Hours: Monday-Friday 8:00-11:45am

600 N Liberty Street | Independence, MO 64050

Mass Times

Monday: NO Mass

Tuesday: 12 noon (OF)

Wednesday: 12 noon (OF)

Thursday: 6:00 pm (EF)

Friday: 12 noon (EF)

Saturday: 5:00 pm (OF)

Sunday:

8:00 am (OF)

11:00 am

(OF)

5:00 pm (EF)

Confession Times

Monday: No Confession

Tuesday: 11:30am

Wednesday: 11:30am

Thursday: 5:00pm

Friday: 11:30am

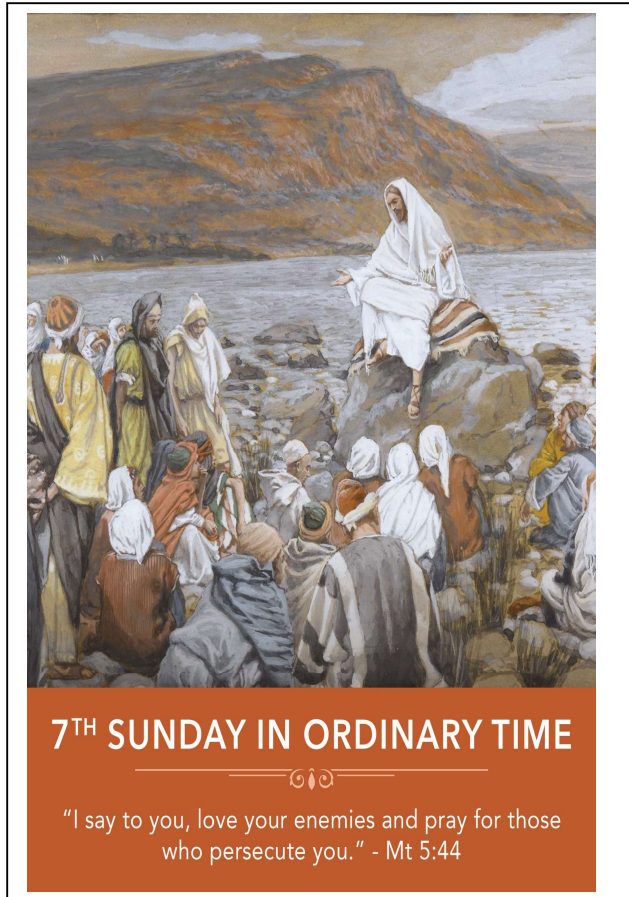
Saturday: 4:00pm

Sunday: 7:15am & 4:00pm

Adoration Times

Wednesday: 1pm - 9pm

Thursday: 7am - 6pm



Outreach Agency

Food and Prescription
Medication Assistance

HOURS:

Wednesday & Thursday

9:00am - 3:00pm

(816) 252-8649

(By appointment only)

*Donations of food may
be brought to the
Ministry Center Monday
- Thursday by 12:00
noon

Parish Registration

New parishioners: Please fill
out a parish registration
form either on the parish
website or by filling out a
printed form near the
church entrances.

February 19, 2023: 7th Sunday in Ordinary Time
Quinquagesima (Traditional)



Ash Wednesday Masses:

8:00am St. Mary's

Noon St. Mary's

6:00pm St. Cyril's

8:00pm St. Mary's (High Mass)

PARISH CALENDAR

Saturday February 18

Memorial of the Blessed Virgin Mary

4:00pm Confessions
5:00pm Mass (OF)
(+Deceased Members of
Altman/Dennee Families))

Sunday February 19

Seventh Sunday in Ordinary Time

7:15am Confessions
8:00am Mass (OF)
(McGrath Family)
11:00am Mass (OF)
(Lynn & Christina Forbes)
4:00pm Confessions
5:00pm Mass (High Mass)
(Parishioners of St. Mary & St. Cyril)

Monday, February 20

Monday of Seventh Week in Ordinary Time

NO Mass
6:30pm Choir Practice

Tuesday, February 21

St. Peter Damian

11:30am Confessions
12:00pm Mass (OF)
(Martinez Family Intentions)

Wednesday February 22

Ash Wednesday

8:00am Mass
(+Michael Johnson)
12:00pm Mass
(Jessica Swarm)
8:00pm Mass (High Mass)
(+Kenneth & Gloria Beard)

Thursday February 23

Thursday after Ash Wednesday

5:00pm Confessions
6:00pm Mass (EF)
(Br. Raban Heyer)

Friday February 24

Friday after Ash Wednesday

11:30am Confessions
12:00pm Mass (EF)
(+Gene Stone)

6:00pm Stations of the Cross
Simple Supper with Presentation

Saturday, February 25

Saturday after Ash Wednesday

4:00pm Confessions
5:00pm Mass (OF)
(Intentions of Jim & Dixie
Altman)

Sunday, February 26

First Sunday of Lent

7:15am Confessions
8:00am Mass (OF)
(Snow Family)
11:00am Mass (OF)
(+Georgia Hill)

4:00pm Confessions
5:00pm Mass (High Mass)
(Parents, Relatives &
Friends of Sr. Teresita)

Contact Information

**Rev. Kendall Ketterlin - Parochial
Administrator**

Cell# (816)756-6570
pastor@saintmarysparish.org

Tony Douglas - Contributions ext 101
tony@saintmarysparish.org

Angelina Gearke - Music Director
angelina.gearke@gmail.com

Tami Routh - Bookkeeper
(bulletin deadline Mon. @ noon)
ext 105
trouth@saintmarysparish.org

Janice McQuillan - Parish School of Religion
Cell# (816)305-6232
jmcquillan@saintmarysparish.org

Receptionist
ext 110
smoffice@saintmarysparish.org

Stan McClatchey
Respect Life Coordinator
Email popaknight@gmail.com

John Williamson - Technical Support
techsupport@saintmarysparish.org

Altar & Rosary Society -Cathy Anderson
catherineanderson2@comcast.net

Knights of Columbus - Council 10746
Eric Thompson, Grand Knight
edfthompson@gmail.com

Seventh Sunday in Ordinary Time | Readings, text of the antiphons, and Responsorial Psalm: pgs. 389-391

Mass Setting: Missa de Angelis pg. 873

Throughout all Ordinary Time

Entrance Hymn: Love Divine, All Loves Excelling #93

Entrance Antiphon: O Lord, I trust in your merciful love... (pg. 938 #117)

Offertory Hymn: There's a Wideness in God's Mercy #122

Communion Antiphon: The bread that I will give...(pg. 95 #170)

Communion Hymn: Alleluia, Sing to Jesus #86

Marian antiphon: Ave Regina Caelorum #45

Recessional: All Creatures of Our God and King #87

CATECHESIS AND CATHOLIC CULTURE



The Catholic Company Daily Devotion

The Catholic Company offers a substantial daily devotional that includes: Morning Offering, Saint of the Day, Spiritual Quotations, Daily Meditation, links to daily readings and the Divine Office, as well as many other prayers and traditions of our faith.

www.morningoffering.com (to signup)

DEVOTION OF THE MONTH FEBRUARY: MONTH OF THE PASSION

The month of February is traditionally dedicated to the Passion of Our Lord in anticipation of the liturgical season of Lent. In this month, we begin to meditate on the mystery of Jesus' sufferings which culminated in his death on the Cross for the redemption of mankind. Saints who had a special devotion to Christ's passion include St. Francis of Assisi, who was the first known saint to receive the stigmata; St. John of the Cross; St. Bridget of Sweden; and St. Catherine of Siena.

PLEASE REMEMBER THESE PARISHIONERS and FRIENDS IN YOUR PRAYERS:

David Barchak, James Warren Bayless III, Mary Brice, Will Carlson, Jeffrey Derk, Gennilyn Eckard, David & Virginia Forbes, Gene Foster, Carolyn Hampton, Bobbie Harris, Mike Higbee, Joan Ishmael, Teresa Janacaro, Frances Janacaro, Shane Keeter, Jeffrey Klenklen, Joyce Klenklen, Mary Lou Larsen, Nancy Lathrom, Sharel Mawby, Harold Mitchell, Annie Moran, Bob Mosier, Ke Hun Ngo, Joseph Olivarez, Eric Palmer, Eric Parvin, Marie Ramirez, Michelle Rohaus, Kenneth Tart, Lucas Uresti, Frank Velasquez, Peggy Vincent

PLEASE PRAY FOR OUR MILITARY MEN & WOMEN:

LCPL. Victor Rangel U.S Marine Corps - Camp Pendleton, CA (Son of Phil & Julie Rangel)

SFC.Christopher Kinnaman – Wainwright, Fairbanks, AK

(Grandson of Betty Kinnaman)

IC3 Christina Smith – (wife of Josiah Smith, Grandson of Mary Smith)

**Airman Tommy Romano – Ariano, Italy
(Nephew of Sr. Teresita)**

Pray for Our Seminarians



Mr. James Sappington

**Home Parish: Our Lady Of Lourdes
Harrisonville**

Seminary: Conception Seminary

Year: Pre-Theology I

Birthday: April 28

FEATURED CD OF THE MONTH

St Augustine's Theology of the Eucharist: Dr. Christopher Mooney is an assistant Professor of Theology at the Augustine Institute. He specializes in Augustinian Theology and delivers this talk focusing on St. Augustine and his writings about the Eucharist. What did St. Augustine preach during his homilies about the Eucharist? Why do we say "Amen" after receiving the Eucharist at Mass? Join Dr. Christopher Mooney in discovering St. Augustine's understanding that we receive the Body of Christ in order to become the Body of Christ.

The Tears of Christ: Meditations for Lent: As we dive into Lent and prepare our hearts for Easter, Dr. Christopher Blum recites some profound meditations from "The Tears of Christ: Meditations for Lent" by Saint John Henry Newman. Take time to reflect on these meditations into practice in order to have a peaceful and prayerful Lent.

Please visit our CD kiosk at the front of the church. We have many great topics on CD about the Catholic faith. We ask for a nominal donation of \$3 for each CD.

February 5

Total Contributions: \$ 4,257.50

Year-to-Date Actual: \$ 165,385.11
Year-to-Date Budget: \$ 201,374.94

(Fiscal Year is July 1 through June 30)

Simple Supper

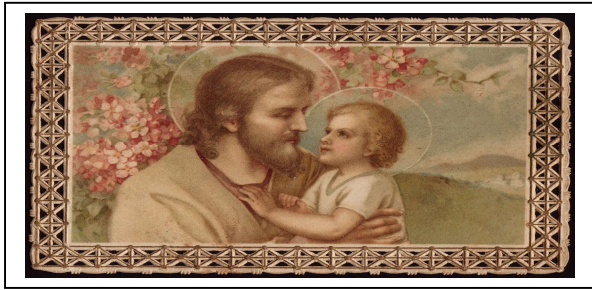
Stop by after any weekend mass at our new location in the former sacristy.



- 1- Download the App at myparishapp.com or search your phone's app store for myparish.
- 2- Search for St. Mary's Catholic Church
- 3- Select our parish and you will be set to go.

8:00 a.m. on the First Saturday of each month.

1. Call the Missouri Child Abuse Hotline at 1.800.392.3738 (if the victim is currently under the age of 18), and
2. Contact your local law enforcement agency or call 911, and
3. After reporting to these civil and law enforcement authorities, report suspected *sexual abuse of a minor or vulnerable adult* to the Diocesan Ombudsman, Joe Crayon, 816.812.2500, or crayon@ombudsmankcsj.org if the abuse involves a priest, deacon, employee or volunteer of the Diocese of Kansas City-St. Joseph. The Diocese has a sincere commitment to providing care and healing resources to victims of sexual abuse and their families. Please contact Whitney True-Francis, Victim Assistance Coordinator, at 816.392.0011 or true.francis@diocesekcsj.org for more information.



7-Sundays to St. Joseph Third Sunday

His sorrow when he saw Jesus' blood shed in circumcision;
His joy in giving him the name of Jesus.

O glorious Saint Joseph, who faithfully obeyed the law of God, your heart was pierced at the sight of the most precious blood that was shed by the infant Savior during his circumcision, but the name of Jesus gave you new life and filled you with quiet joy. By this sorrow and this joy, obtain for us the grace to be freed from all sin during life and to die rejoicing, with the holy name of Jesus in our hearts and on our lips.

GOSPEL READING | LUKE 2:21

And at the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb.

REFLECTION

"To be just is not simply a matter of obeying rules. Goodness should grow from the inside; it should be deep and vital – for 'the just man lives by faith' (Hab 2:4). These words, which later became a frequent subject of St Paul's meditation, really did apply in the case of St Joseph. He didn't fulfill the will of God in a routine or perfunctory way; he did it spontaneously and wholeheartedly. For him the law which every practicing Jew lived by was not a code or a cold list of precepts, but an expression of the will of the living God. So he knew how to recognize the Lord's voice when it came to him so unexpectedly and so surprisingly.

"St Joseph's life was simple, but it was not easy. After considerable soul-searching, he learned that the son of Mary had been conceived through the Holy Spirit. And this child, the Son of God, the descendant of David according to the flesh, was born in a cave. Angels celebrated his birth, and distinguished people from distant countries came to adore him. But the King of Judea wanted to kill him, and they had to flee. The son of God was, it appeared, a defenseless child who would live in Egypt" (Christ is Passing By, no. 41).

Conclude by offering the Litany of St. Joseph

***The Month of February is the month of
The Passion of the Lord.***



The Fruits of Fasting

Back in the 90s and early 2000s, I began hearing about a new focus on Lent: *Rather than giving up something, I'm going to do something.* This sounds good. God doesn't desire suffering and condemnation. He would rather see more acts of kindness and goodness in the world, than worry over what people eat. He has also said that He desires mercy, not sacrifice. So it would seem like wisdom that we have moved beyond the days when saints would put burning coals on their shoes (St. Kateri Tekakwitha) or place fish hooks in the inside of their belt (as many Carmelites did). And yet, our Lord himself, who called disciples by saying, "Follow me." began his ministry with 40 days of fasting and encouraged the disciples that some demons could not be driven away except by prayer and fasting. We can also not forget that our hearts are tied to what we treasure. Fasting is essential to the spiritual life.

There are three primary fruits of fasting:
Advancement in the spiritual life; the rewards of sacrifice; the gift freedom.

It is no accident that Jesus began His public ministry, the work and mission that His Father called him to complete through an act of fasting. We read later that when the disciples were puzzled because he did not appear to eat physical food, he assured them that his food was to do the will of the Father. When we do the will of the Father, which at times includes eating and drinking with tax collectors, we receive the nourishment that the soul needs. By fasting, we make a willful choice and decision to follow first the needs of the spirit, and secondly, the needs of the body. Through taking on acts of fasting we are literally saying that we desire to follow God's plan for us over a worldly plan. Even more, by fasting, we are actually taking the steps in advancing toward the spiritual life as it is spiritual rather than physical nourishment.

Fasting also gives us the rewards of sacrifice. Sacrifice requires the giving up of something. As good and necessary as acts of charity are, an act of giving and doing something requires our ability to sacrifice, it is not a sacrifice. Small fasts help to train us to do larger fasts, and thus larger sacrifices. In making these sacrifices, we win benefits for others, whether it is a prayer for healing, or most especially conversion.

Lastly, fasting gives us freedom, it frees us from things that may bind us to sin and frees us to love and give more perfectly. In a very practical way, fasting trains us to deny our physical impulses. If I can fight off the temptation to eat ice cream, then I have a better chance of fighting off the temptation to watch a late night movie; if I can resist the passion of hunger, then I can better resist lashing out in anger. We could also see that if I can skip a meal, then I have more time to give to my child or spouse; if I am no longer driven by food, then I become free to follow the will and desires of our Father.